

About The Team



Lisa Jacob is a Project Manager. Lisa has most enjoyed working collaboratively with NAWAS and organising the conference. Outside of work, Lisa is an international applied improviser (ask for details!) and loves spending time with family. She lives in Oxford.

Stephen Down, Mental Health Education Transformation Specialist is the overall lead for the project. Stephen provided expertise around content, design and planning. Stephen loved working with the Experts by Experience in creating innovative new material.



Laura Jackson is a Clinical Education Manager and Paramedic. Laura has most enjoyed creating the MHASE repository. Outside of work Laura enjoys knitting and days out with her family.



Ben Wilson prior to his current role was the Education Manager for the project. Ben graduated as a Paramedic in 2009. He is particularly passionate about education and awareness as a foundational solution to poor mental health



Jo Mildenhall is a qualified Paramedic currently working with the College of Paramedics. She assisted the MHASE project with the conference and in supporting others to write content for MHASE repository



The **Clinical Simulation & Technologies Team** were responsible for the development of the eLearning package and graphics.



ENHANCED
SIMULATION
CENTRE

Mental Health Ambulance Service Education Project



The NHS Long Term Plan identified a need to improve the mental health awareness, knowledge and skills of ambulance staff. Health Education England awarded NENAS funding to design and deliver bespoke Mental Health Training. This booklet covers how this funding was used.

'...excellent and thought provoking...'

'Very informative and engaging'

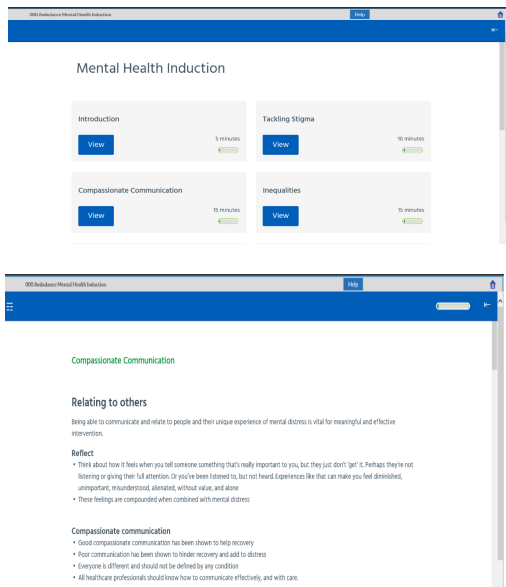
'...lots of useful knowledge'

'Excellent wealth of information'

Thanks for support from NAWAS and SCAS managers including Caroline Robertson, Ian Teague, Carol Offer and Leslie Jones

Induction e-Learning Package

This is an e-learning package available through ESR. It is a 2.5 hour training package aimed at staff new to the ambulance service and delivered during induction. The package gives an overview of common mental disorders, examines key legislation, explores ways of managing anxiety and improving communication. Materials were co-produced with Experts by Experience [EBE] and Experts by Profession [EBP]. A range of training materials were incorporated to reflect differing learning styles, mixing existing material with newly created content. All content was peer reviewed for accuracy and relevance. *'A good selection of learning opportunities, very comprehensive and easy to follow'*- Gary Davies-Ebworth, SEACAMB MH Lead

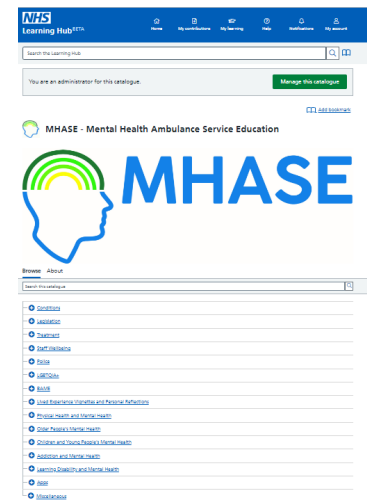


Blood Sugar Play

Responding to a patient with an eating disorder is a complex and challenging situation for crews. This original short drama was written for the project by Emma O'Brien, Playwright, Expert by Experience and practicing Social Worker. The play explores the interaction between a paramedic and two students, one of which is living with an eating disorder but reluctant to accept help.

'Very powerful messages and important to have the range of perspectives portrayed'- Raili Frost, NHSE&I MH Lead

'Saw eating disorder from different perspective'- Lesley Jones, Nwas MH Lead



Film

A short film was produced to show a patient journey beginning with a concerned mother calling for help for her son, Jayden. The film shows the crew of a mental health response vehicle attending the scene, to Jayden being assessed under relevant legal frameworks, such as the Mental Capacity Act and the Mental Health Act 1983.

'Includes all of the main points for consideration in a crisis assessment situation'- Gary Davies-Ebworth



MHASE Repository

The Mental Health Ambulance Service Education Repository, known as MHASE, is a central repository for the new materials created by the project team as well as a substantial collection of mental health materials, already freely available to the public. It can be accessed via the NHS Learning Hub simply by creating an account then searching for MHASE. MHASE has the potential to reach the 40,000 people who are employed by the 10 Ambulance Trusts in England (Lord Carter, 2018), as well as those in the devolved nations.



Conference

We hosted a conference in October 2022 to launch the materials created by the project. There were over 200 attendees.

'Overall an excellent day, genuinely engaging and thought provoking content from an interesting range of speakers with professional and/or lived experience. The raw honesty of the speakers exceed my expectations of what a conference could cover - I learnt lots of new information!'- Conference delegate.

All conference materials have been recorded for use in the MHASE repository.