MACMILLAN CANCER SUPPORT

WE'D LIKE TO INVITE YOU TO....

LIVING WELL WITH CANCER

Thursday 3rd October 2019
09:30 - 15:00

Woodmead Hall, Hill Road, Lyme Regis, Dorset, DT7 3PG

This FREE session is open to all patients who would like to:

- ✓ Have a better understanding of cancer related fatigue and how to manage it
- ✓ Understand more about how you can make small changes to your lifestyle to feel more in control and improve your overall sense of wellbeing
- ✓ Feel more able to support others and share your own experiences
- ✓ Be more aware of local support services

Lunch will be provided.

For further information or to book a place please contact
ServiceOpsLearning@macmillan.org.uk

We're here to help everyone with cancer live life as fully as they can, providing physical, financial and emotional support. So whatever cancer throws your way, we're right there with you.

For information, support or just someone to talk to, call 0808 808 00 00 or visit macmillan.org.uk

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